

Menopause & Healthy Aging Bibliography

Perimenopause

Amy Jean Voedisch, MD

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MHT Prescribing

Karen E. Adams, MD

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Sexual Health in Menopause

Erica Pasciullo Cahill, MD

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Weight Management in Perimenopause and Beyond
Michelle Hauser, MD

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Aging Gracefully: Maintaining Muscle & Bones

Deborah Kado, MD

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Exercise Recommendations

Marilyn Opezzo, PhD, MS, RDN,

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Hope or Hype: Supplement Use in Menopause and Beyond

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Musculoskeletal Symptoms and Menopause

Janice Lin, MD

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Menopause & Chronic Conditions

Karen E. Adams, MD

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The Skin in Menopause and Beyond

Anne Lynn Su Chang, MD

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Breast Cancer Risk Assessment and Risk Reduction

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Management of Cancer Survivors

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Genitourinary Syndrome of Menopause

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Menopause & Cognition

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Management of Mood, Anxiety & ADHD Symptoms in Peri-menopause

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Wait One Hot Minute: Let's Talk about Cognitive Behavioral Therapy for Menopausal Hot Flashes

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